



**Safe Practice
for those seeking
Spiritual Direction**

**Published by the Diocese of Bradford
Spirituality Group**

What is the Spirituality Group?

We are an ecumenical group of clergy and lay people.

The aim of the group is to provide a place of contact for churches and individuals seeking resources for spiritual growth.

We focus on developing and maintaining the ministry of spiritual direction and spiritual resources.

What is a Spiritual Director?

A spiritual director is someone who accompanies another person from time to time, by arrangement, encouraging them on their spiritual journey. The spiritual director is there to listen, discern and help the person develop new spiritual insights.

We offer training for this ministry.

How can I find a Spiritual Director?

To find a spiritual director contact either

Rev. Jenny Savage 015242 61579

Rev. Paul Booth 01535 958939

Rev. Sue Wharton 01943 461139

We'll take some details from you to help us find the right person for you.

Jenny, Paul and Sue meet up bi-monthly to pray and will try to place you with a suitable person. You will then be notified of that spiritual director's contact details, and it will be up to you to contact them.

Members of other denominations might contact their own denomination's spiritual coordinators.

Safe Practice in Spiritual Direction.

We realise that spiritual direction may put people in a vulnerable position, so please read the following.

Personal information that is shared within spiritual direction is confidential and should not be shared elsewhere unless disclosures of current criminal involvement or recent or ongoing abuse have come to light. Then your director would keep a record with date and time.

In that case, for your own safety or for the protection of any others involved, your spiritual director will have to share this as a matter of urgency with The Chair of the Spirituality Group, a Denominational Spirituality Coordinator, or a Denominational Safeguarding Adviser.

Your spiritual director would give you a timely reminder if you were to broach such topics and would tell you if this were going to happen.

Contact details

Catholic	Fr Joe Smith	01943 863179
Baptist	David Warrington	01535 637012
Methodist	Katharine Cheney	01756 794885

